

Vaping and Tobacco Control Bulletin

September 2026

Publication date: 5 October 2026

Outputs from key organisations and new evidence relating to e-cigarettes/vaping and tobacco control

Contents

Highlights	3
Recent peer-reviewed journal articles	3
Recent grey literature - reports and publications from key organisations	8
Disclaimer	9
Contact	9

Highlights

A selection of publications of particular interest from the last month.

- Morphett K, Holland A, Lai G, Canty R, Kang H, Hefler M, et al. [A systematic review and synthesis of qualitative research on stakeholder views on commercial tobacco endgame goals and policies](#). The International journal on drug policy. 2026;155105377.
- Li S, Xu Z, Morgan B, Li D, Zhou L, Lin J, et al. [Sex inequality in disease burden attributable to smoking, secondhand smoke and chewing tobacco: a systematic analysis for the Global Burden of Disease Study 2023](#). EClinicalMedicine. 2026;99104149.
- World Health Organization. [Tobacco and infertility](#). WHO; 2026 Sep 8.
- Salamanca MV, Galeano MIB, Builes JCC, Alvarenga LMC. [Attitudes, psychological processes and evaluation methodologies of electronic cigarette advertising: a systematic review](#). Journal of prevention (2022). 2026.
- Travis N, Warner KE, Hartmann-Boyce J, Goniewicz ML, Ma C, Meza R, et al. [Oral nicotine pouches and public health: evidence from an updated scoping review](#). Nicotine & Tobacco Research. 2026.
- Public Health Scotland. [NHS stop smoking services - Local Delivery Plan standard, 2025/26 \(quarter 4\)](#). PHS; 2026 Sep 29.

Recent peer-reviewed journal articles

A selection of publications from the last month relating to Vaping and Tobacco Control. Search criteria are available upon request from Knowledge Services and will be reviewed regularly to consider appropriateness and/or new areas of interest.

The searches are undertaken by PHS Knowledge Services. If you need any help with obtaining the full text of any of the articles, please contact phs.knowledge@phs.scot

Tobacco Use and Control

- Abbadi A, Alnaimat T, Al Nahar J, Al-Uar L, Saad RK, Dorotheo EU, et al. **Global analysis of regulatory definitions of tobacco and nicotine-containing products.** Tobacco Control. 2026.
- Barnett TE, Choi A, Serdarevic M, Gimeno Ruiz de Porras D, Thompson EL, Halpern MT. **Youth tobacco prevention: are doctors talking to youth about tobacco?** The Journal of Adolescent Health. 2026;79(3)330–6.
- Carroll DM, Hatsukami DK, Wackowski OA, McClernon FJ, Donny E, Zeller M. **Implementing a nicotine cap to make America Healthy Again.** Health Affairs Scholar. 2026;4(9)qxag239.
- Cho A, East KA, Borland R, Nargis N, Yong H-H, Cummings KM, et al. **Smoking-induced deprivation and subsequent smoking cessation among adults who smoke in four high-income countries: trends, correlates and longitudinal associations, 2016-2024.** Addiction. 2026.
- Dera P, Banach M, Majchrzak J, Klimiuk KB, Parascandola M, Kalinowska-Beszczynska O, et al. **Tobacco Industry corporate social responsibility activities in Poland in the years 2019-2024.** Nicotine & Tobacco Research. 2026.
- Di Palo MP, Di Spirito F, Giordano F, De Benedetto G, Lo Giudice R, Piedepalumbo F, et al. **Periodontal and peri-implant status among users of different inhaled tobacco and nicotine products: a systematic review.** Dentistry Journal. 2026;14(9).
- Martino SC, Dunbar MS, Setodji CM, Jenson D, Hieber M, Shadel WG. **Effect of plain cigarette packaging on point-of-sale purchasing behavior among young adults who smoke.** Health Psychology. 2026;45(9)933–41.
- Merkaj E, Imami D, Zhllima E, Drope J. **The impoverishing effect of tobacco expenditures.** Scientific Reports. 2026;16(1).
- Mizuno S, Inoura S, Matsumoto T, Shimane T. **Nationwide trends in cigarette, heated tobacco product, e-cigarette, and multiple-product use in Japan 2017-2025.** PCN reports : psychiatry and clinical neurosciences. 2026;5(3)e70409.

- Parida S, Ameral V, Wolkowicz N, Kelly MM, Patterson JA, Sofuoglu M, et al. **Addressing tobacco use in the context of opioid use disorder: a systematic review of smoking cessation interventions**. The American Journal on Addictions. 2026;35(5)565–77.
- Rueden H, Kelley B, Douglas B, Mason L, Nattamai Subramanian Rajkumar J, Raol P, et al. **Health literacy and tobacco use: a cross-sectional study of associations among predominantly low-income adults motivated to quit smoking**. Healthcare (Basel). 2026;14(18).
- Worsdale A, Gilliam M, Kowitt S, Steinberg M, Goldstein AO, Byron MJ. **Messaging strategies for tobacco prevention and cessation among people with depression: a scoping review**. Nicotine & Tobacco Research. 2026.

Vaping and Vaping Harms

- Alhabdan S, Alashjaai A, Adebisi YA. **E-cigarette use among individuals with chronic obstructive pulmonary disease**. Internal and Emergency Medicine. 2026;21(6)2087–97.
- Bakhsh A, Abdullah S, Farghal DM, Badawi AS, Rajih E, Alnazari M. **Association of electronic cigarette and conventional smoking with urogenital cancers: NHIS analysis**. International Urology and Nephrology. 2026;58(9)3681–8.
- Binder A, Kuitunen-Paul S, Burke M, Wollscheid J, Kimmel T, Petersen K, et al. **Between concern and uncertainty: how health-care professionals approach smoking and vaping in pregnancy**. Nicotine & Tobacco Research. 2026;28(10)1682–92.
- Khanna N, Kwan CS, Klyushnenkova EN, Kernan C, Dark M, Melamed J, et al. **Hospital utilization among users of electronic nicotine delivery systems (ENDS) compared to other tobacco users**. Journal of the American Board of Family Medicine. 2026;39(1)
- Leavens ELS, Wagener TL, Brown AR, Mayo MS, Lambart L, Ellerbeck EF, et al. **E-cigarettes for harm reduction among COPD patients who smoke: a pilot investigation**. Drug and Alcohol Dependence. 2026;288113343.

- Noël A, Kathuria H, Penz E, Rendón A, Scuarcialupi ME, Lang AE, et al. **Vaping: respiratory impacts and public health challenges in the Americas**. Annals of the American Thoracic Society. 2026.

- Seaman Jones EL, Cordova J, Mahoney M, Marynak K, Morton J. **Examining current E-cigarette use among U.S. adults by groups stratified by demographic characteristics, 2014-2023**. Preventive Medicine Reports. 2026;69103536.

Young People and Vaping

- Anjorin O, Zumah F, Huynh A, Vardhan A, Terceros EG, Tran L, et al. **Reflections from a case study engaging LGBTQ+ college youth in research on vaping**. Health Promotion Practice. 2026;15248399261484596.

- Bray E, Gentry S, Varley A, Notley C, Webb S, Ward E. **#NoIDVape: a content analysis of illicit vape messaging in young people's information sources**. Addiction. 2026;121(9)2396–413.

- Faleh Alsabil AH, Hamadneh S, Alhalabi MN. **Young adult attitudes and beliefs regarding the use of vaping: a cross-sectional study**. International journal of adolescent medicine and health. 2026.

- Lüthgen M, Burgard A, Truempelmann M, Axt P, Faesser HA, Jagomast T, et al. **Dual use of cigarettes and e-cigarettes is associated with higher diastolic blood pressure in adolescents: The School*Vape*Science study**. Vascular Medicine. 2026;1358863X261462859.

- Qadir MA, O'Connell MM, Shrier LA, Halpern-Felsher B, Gaiha SM. **Adolescents' and young adults' recalled exposure to e-cigarette retail stores on the path to school: association with past 30-day use and susceptibility to use**. The Journal of Adolescent Health. 2026;79(3)322–9.

- Vranken S, Geusens F, Greene K, Beullens K. **Changing adolescents' cigarette and e-cigarette cognitions via a media literacy-based active involvement intervention: a randomized cluster trial**. Health Communication. 2026;1–12.

- Weiger C, Gratale S, Wackowski O, Jeong M. **Effective messaging against youth e-cigarette use: does humor make a difference?** Health Communication. 2026;1–13.

Nicotine Products

- Feagin C, Geisinger ML, Litz M. **The impacts of nicotine pouches on oral and overall health. *Compendium of Continuing Education in Dentistry*. 2026;47(6):261–6.**
- Ignatev A, Kale D, Sun H, Jackson SE, Brown J, Buss VH. **From harm reduction to youth appeal: a content analysis of nicotine pouch marketing by UK online retailers.** Nicotine & Tobacco Research. 2026.
- Olsson M, Tønnesen H, Hedberg J, Sundström J, Nordendahl E, Klinge B, et al. **Snus, nicotine pouches and cardiovascular disease: evidence, mechanisms, and the challenge of novel nicotine products.** Journal of Internal Medicine. 2026.
- Sanford BTP, Lemmen BD. **Interventions for smokeless tobacco cessation. *American Family Physician*. 2026;114(3).**

Smoking Cessation

- Bock A. **Vapes may aid in smoking cessation.** The Journal of the American Medical Association. 2026.
- Bück J, Sünkel E, Machulska A, Neubert M, Klucken T. **Standardized manual-based smoking cessation treatment in patients with comorbid mental disorders: qualitative interview study.** JMIR Formative Research. 2026;10e97001.
- Campagna D, Cucuzza F, Russo C, Putra JA, Caponnetto P, La Rosa GRM, et al. **Smoking cessation in emergency departments: a reality check.** Internal and Emergency Medicine. 2026.
- He AWJ, Cheung FHY, Shao Y, Li G, Xie X, Chan SSC. **Bibliometric and content analysis of artificial intelligence in smoking cessation - worldwide, 1982-2026.** China CDC Weekly. 2026;8(37)1148–54.
- Leutwyler H, Melino K, Hubbard E, Lisha N. **Older adults with serious mental illness engagement in a smoking cessation program: a mixed-methods evaluation.** International Psychogeriatrics. 2026;100284.

- Pleym K, Engebretsen I, Sverre E, Dammen T, Huseby E, Kahlon MS, et al. **Cost-effectiveness of in-hospital motivational smoking cessation counselling and proactive referral to community-based follow-up**. *Addiction*. 2026;121(9)2384–95.

Recent grey literature - reports and publications from key organisations

Publications and reports from key organisations within the last month.

- Action on Smoking and Health. **Retailers urged to prepare for next phase of Tobacco and Vapes Act**. ASH; 2026 Sep 1.
- Office for Health Improvement and Disparities. **Smoking profile: October 2026 update**. OHID; 2026 Sep 3.
- Action on Smoking and Health Scotland. **ASH Scotland and Scotland's trading standards chiefs call for nicotine and vaping products to be hidden out of view in shops, supported by 86% of polled Scots**. ASH Scotland; 2026 Sep 30.
- Action on Smoking and Health Scotland. **Child Human Rights defenders and leading children's doctor call for vape flavours ban, supported by 79% of polled Scots**. ASH Scotland; 2026 Sep 9.
- Action on Smoking and Health. **New vape tax needs careful monitoring to protect children without deterring smokers from quitting**. ASH; 2026 Sep 30.
- Action on Smoking and Health. **A toolkit for implementing youth vaping prevention initiatives**. ASH; 2026 Sep 30.
- Public Health Wales. **More than 3,000 fewer young people in Wales reporting regular vaping, data shows**. Public Health Wales; 2026 Sep 22.

Disclaimer

All reasonable care is taken to ensure that the information we provide is accurate and we accept no responsibility for the content provided. The information provided is selective; however, the inclusion of a link does not imply approval of the contents of the website. This is not meant as an exhaustive list of publications on these topics for the given time period, but rather a selection as seen most relevant.

Contact

PHS Knowledge Services phs.knowledge@phs.scot

Translations and other formats are available on request at:

phs.otherformats@phs.scot or 0131 314 5300.

This publication is licensed for re-use under the [Open Government Licence v3.0](#).

For more information, visit www.publichealthscotland.scot/oqi