

Alcohol Harm Prevention Bulletin

**New evidence relating to alcohol harm prevention
in Scotland and beyond**

July 2026



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Recent journal articles (from Medline and Proquest Public Health)

A selection of publications from the last month relating to prevention of alcohol harms. Search criteria are available upon request from Knowledge Services and will be reviewed regularly to consider appropriateness and/or new areas of interest.

The searches are undertaken by PHS Knowledge Services. If you need any help with obtaining the full text of any of the articles, please contact phs.knowledge@phs.scot

Pricing, taxation and policy

- Ahmad A, Nadeem MA, Rao AG, Awan AR, Khan A, Raja AR, et al. **Substance Use and Motor Vehicle Accident Mortality in the United States: A 22-Year National Analysis.** Substance Use & Addiction Journal 2026;29767342261452630.
- Andrade Torres C, Román Mella F, Painemal L, Nazif-Muñoz JI, Toloza N, Solís Á, et al. **“We’re all hammered in Chile”: Drinking norms and tactics from adolescents’ perspectives.** Int J Drug Policy 2026;155:105415.
- Bae H, Kerr DCR, Naimi TS. **State Alcohol Policies Most Strongly Associated With College Students’ Drinking, Driving Risks, and Alcohol-Related Harm.** Am J Prev Med 2026:108492.
- Casswell S. **Alcohol policy and the science/policy connections.** J Stud Alcohol Drugs 2026.
- Dumcheva A, Laatikainen T, Rakovac I, Nevalainen J, Nuorti P. **Assessing the progress in implementing population-based policies to reduce the burden of noncommunicable diseases in Eastern Europe and Central Asia, 2010-2024.** Health Policy Plan 2026;41:942–54.

- Parry AI, Kumpf E. Behavioral health and drunk driving prevention: **The history and policy implications of the Washington Regional Alcohol Program (WRAP)**. *Public Health Pract (Oxf)* 2026;11:100806.
- Pose E, Díaz LA, Parker R, Israelsen M, Marjot T, Forrest E, et al. **Implementation of evidence-based alcohol policies to reduce alcohol-related harm and liver disease to advance public health in Europe**. *Lancet Reg Health Eur* 2026;65:101707.
- Reynolds JP, Langfield T, Pennington CR. **When and why beliefs about the causes of a policy problem predict policy support**. *Pers Soc Psychol Bull* 2026;1461672261456781.
- Were JM, Belon AP, Nykiforuk CIJ. **Describing patterns of support for alcohol reduction policies among policy influencers and general public in Alberta (2016-2021)**. *Int J Drug Policy* 2026;155:105353.
- Westermarck J, Katainen A, Hellman M, Warpenius K. **Reframing harm and evidence: advocacy coalitions and the transformation of Finnish alcohol policy**. *Nordisk Alkohol Nark* 2026;43:308–24.

Availability and Licensing

- No articles this month

Marketing and Advertising

- Rudaizky D, Mazidi M, Wiers R, Grafton B, Wiechert S, Mrkonja L, et al. **Attention to alcohol advertising causes elevated consumption via increased alcohol-related craving**. *Psychol Addict Behav* 2026;40:406–16.
- Clark R, Room R, Gleeson D. **Alcohol industry arguments about mandatory pregnancy warning labels: A qualitative analysis of industry submissions in Australia and New Zealand**. *Int J Drug Policy* 2026;152:105291.

Health Information

- Driezen P, Yates K, Howard-Azzeh M, Bishop-Williams K, Yung M, Yazdani A. **Conditions of Work and Increasingly High-risk Drinking Among People Employed in the Alcohol Service Industry: Applying Canada's Guidance on Alcohol and Health to a High-risk Population.** J Community Health 2026;51:386–99.
- de Goveia JC, Moreira EWG, Vargas TM, Pedroso B, Vargas LM. **Association between physical activity and sociodemographic and behavioural factors among physical education students at a Brazilian public university.** BMC Public Health 2026.
- Morris D, Gillespie D, James M, Breeze P, Brennan A. **Modelling the economic effects of reducing the consumption of unhealthy commodities: An inter-sectoral input-output approach.** Addiction 2026;121:1398–407.

Early Intervention

- Owen L, Taylor M. **Quantifying the case for prevention: disease burden and cost-effective interventions in UK.** J Public Health (Oxf) 2026;48:512–9.
- Poulton A, Bowen J, Dali G, Chew C, Prior K, Devine EK, et al. **Evaluating Co-Designed vs Researcher-Driven Personalized Feedback Formats in a Brief Digital Alcohol Use Intervention: Mixed Methods Study.** J Med Internet Res 2026;28:e87393.
- Tempchin J, Davis WJ, Margaritis AM, Buck AC, Cruthird DM, White ET, et al. **Receptiveness to formal and informal alcohol intervention approaches among emerging adults without bachelor's degrees.** Subst Use Misuse 2026:1–14.
- You J, Wan Z, Huang Z, Yang X, Chen Y, Fang D, et al. **The effects of episodic future thinking interventions on cardiovascular health behaviors: A meta-analysis.** Int J Nurs Stud 2026;182:105619.

- Yang JM, Hwang J. **The impact of health behavior trajectories on all-cause and cause-specific mortality: an analysis using the National Health Insurance Service-Health Screening Cohort (NHIS-HEALS).** Epidemiol Health 2026:e2026029.

Young People and Prevention

- Fernández-León P, Lima-Serrano M, Martínez-Montilla JM. **Usability evaluation of Alerta Alcohol 2.0: an eHealth game to prevent adolescent alcohol consumption.** J Public Health (Oxf) 2026;48:477–87.
- Firdaus I, Kleiboer A, Kaag AM, Huizink AC. **The relationship between subjective (arousal and craving) and physiological (heart rate variability) stress- and alcohol cue-reactivity in young adults who engaged in hazardous drinking: a counterbalanced study.** Addict Behav 2026;182:108777.
- Fleury M, Mange J, Mauduy M. **Longitudinal examination of a refined four-factor model of Protective Behavioural Strategies: Psychosocial barriers to their use and protective effects on students' alcohol consumption.** Addict Behav Rep 2026;23:100694.
- Friesen EL, MacDonald-Spracklin R, Taljaard M, Hamilton HA, Crépault JF, Hobin E, et al. **Changes in the proximity of alcohol outlets to schools after the introduction of convenience store alcohol sales in Ontario, Canada: A descriptive study.** Public Health 2026;257:106374.
- Hopkins C, Dwyer R, Room R, Kuntsche S, Laslett A-M. **Examining representations of and responses to children affected by parental alcohol consumption in Australian health and social policy.** Int J Drug Policy 2026;155:105352.
- Merrill JE, Perks SN, Gebru NM, Zamboanga BL, Miller MB, Barnett NP, et al. **Pregaming promotes risky drinking patterns and alcohol-induced blackouts: A day-level study among young adults who report high-intensity drinking.** Psychol Addict Behav 2026.

- Mondragon P, Sylvestre M-P, Doré I, O'Loughlin J, Trudel-Fitzgerald C. **Emotional vitality, flourishing, and healthy lifestyles in young adults: A longitudinal study.** Int J Behav Med 2026.
- Russell MA, Richards VL, Turrise RJ, Li Y, Mallett KA. **Alcohol consumption dynamics and day-to-day experiences of alcohol-related problems: Combining transdermal alcohol concentration sensors and daily self-reports in young adults' natural settings.** Exp Clin Psychopharmacol 2026;34:224–32.

Recent reports (grey literature)

Highlights of publications from key organisations within the last month.

- Institute for Alcohol Studies. **IAS response to consultation on informing the mental health strategy for England.** July 2026.
- Alcohol Focus Scotland. **AFS News - Scottish alcohol sales decrease in 2025.** AFS, July 2026
- Dalgarno Institute. **Can Faith Help Protect Young People From Alcohol and Drug Use? What the Research Now Shows,** WRD News, July 2026
- Alcohol Change UK. **Alcohol awareness week 6-12 July 2026** ACUK, May 2026.

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All reasonable care is taken to ensure that the information we provide is accurate and we accept no responsibility for the content provided. The information provided is selective; however, the inclusion of a link does not imply approval of the contents of the website.

This is not meant as an exhaustive list of publications on these topics for the given time period, but rather a selection as seen most relevant.

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