

Alcohol Harm Prevention Bulletin

**New evidence relating to alcohol harm prevention
in Scotland and beyond**

September 2025



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Recent journal articles (from Medline and Proquest Public Health)

A selection of publications from the last month relating to prevention of alcohol harms. Search criteria are available upon request from Knowledge Services and will be reviewed regularly to consider appropriateness and/or new areas of interest.

The searches are undertaken by PHS Knowledge Services. If you need any help with obtaining the full text of any of the articles, please contact phs.knowledge@phs.scot

Pricing, taxation and policy

- Clay JM, Farkouh EK, Stockwell T et al. **The impact of alcohol minimum pricing policies on vulnerable populations and health equity: A rapid review**. Int J Drug Policy 2025; 145: 105014. 2025/09/19.
- Kilian C, Buckley C, Lemp JM et al. **Targeting alcohol use in high-risk population groups: a US microsimulation study of beverage-specific pricing policies**. Lancet Public Health 2025; 10: e815–e823. 2025/10.
- Ruprecht MM, Xu J, Curtis MG et al. **Associations between alcohol delivery policy and pandemic alcohol use among sexual and gender minority youth and young adults**. Sex Res Social Policy 2024; 2024/11/08.

Availability and Licensing

- Burke LC, Angus C, Brown J et al. **Is why we drink alcohol important when considering the potential public health benefit of alcohol-free and low-alcohol drinks? A cross-sectional study investigating associations between alcohol drinking motives and alcohol-free and low-alcohol drink consumption among adults in Great Britain**. bmjph 2025; 3: e002828. 2025/09/08.

- Buss V, Kale D, Oldham M et al. **Trends in use of alcohol-free or low alcohol drinks in attempts to reduce alcohol consumption in Great Britain, 2020-2024: a population-based study.** *bmjph* 2025; 3: e002775. 2025/09/23.

Marketing and Advertising

No relevant publications this month.

Health Information

No relevant publications this month.

Early Intervention

- Bush R, Staiger PK, McNeill IM et al. **Development of an SMS-based alcohol intervention program for same sex attracted women using an intervention mapping framework.** *Eval Program Plann* 2025; 113: 102690. 2025/12.
- Chaikhamla N, Yingchankul N, Pomngen I et al. **A scoping review of sensory-based interventions to address alcohol consumption.** *Am J Addict* 2025; 2025/09/15.
- Gius BK, Davis J and Schlauch R. **Examining the Role of Executive Functions on the Intention-Behavior Gap of Alcohol Protective Behavioral Strategy Use.** *Subst Use Misuse* 2025; : 1–11. 2025/09/15.
- Griner SB, Akpan I, Johnson KC et al. **Examining community preferences for adaption and dissemination of an efficacious brief intervention on alcohol use and sexual behavior.** *Health Promot Pract* 2025; 26: 946–955. 2025/09.
- Hendrie D and Miller TR. **Economic evaluation of evidence-based strategies to reduce unhealthy alcohol use: a resource allocation guide.** *Front Public Health* 2025; 13: 1466552. 2025/08/11.
- Li K, Jolly T, Dziura J et al. **Greater readiness to cut down on drinking behaviors increases effects of a digital behavioral health intervention tool in**

reducing unhealthy alcohol use among Latino emergency department patients. Alcohol Alcohol 2025; 60: 2025/09/16.

- Mennicke A, Zabelski S, Jules BN et al. **Bystander intervention for problematic alcohol use among graduate and international students: opportunities and challenges.** Psychol Health 2025; 40: 1551–1568. 2025/09.

- Rizzo AJ, Ellis JR, Leone RM et al. **Reduced drinking as a mechanism for alcohol and violence-related intervention effects from Positive Change©.** Drug Alcohol Depend 2025; 275: 112854. 2025/10/01.

Young People and Prevention

- Anzalone CJ, Kazemi DM and Toudahl CW. **Exploring Evidence-Based Recovery and Harm Reduction Programming for Hazardous Substance Use Among College Students: Paving the Way to Enhanced Accessibility.** J Addict Nurs 2025; 2025/09/05.

- De Carlos Oliveira M, Mendes-Sousa M, Soares-Santos LE et al. **Community-Based Environmental Interventions to Prevent Alcohol Use in Adolescents: A Systematic Review.** Drug Alcohol Rev 2025; 2025/09/18.

- DiGuseppi G, Pedersen ER, Brown ME et al. **Protective behavioral strategies and alcohol consequences following a group-based motivational intervention for young adults experiencing homelessness.** Psychol Addict Behav 2025; 39: 516–527. 2025/09.

- Finn PR, Smoker MP, Adams ZW et al. **Impulsive Decision Reduction Training (IDRT) reduces binge drinking and increases future orientation in young adult binge drinkers.** Addict Behav 2025; 170: 108443. 2025/11.

- Fleury M, Mauduy M and Mange J. **Planning limits or inhibiting risky alcohol consumption? Towards a deeper understanding of Protective Behavioral Strategies in students through factorial and latent profile analyses.** Addict Behav 2025; 168: 108377. 2025/09.

- Gilmore AK, Leone RM, Reuben K et al. **Pilot randomized controlled trial of a tailored personalized normative feedback intervention for college student alcohol use**. Drug Alcohol Depend 2025; 275: 112824. 2025/10/01.
- Rahimi T, Movahed E, Bashar A et al. **The impact of an educational program based on self-regulation theory on reducing alcohol consumption among adolescents: a randomized controlled trial**. BMC Public Health 2025; 25: 3133. 2025/09/25.
- Soares-Santos LE, Oliveira M de CS, Mendes-Sousa MM et al. **Situational Analysis and Planning of a Community-Based Multicomponent Intervention to Prevent Adolescent Alcohol Use: The Prev.Action Study**. Health Promot Pract 2025; : 15248399251366356. 2025/09/12.
- Suffoletto B, Mason M, Lee CM et al. **Testing the efficacy and mechanisms of an SMS intervention focused on motivating peer network support to reduce alcohol consumption in non-collegiate young adults: Protocol for a randomized trial**. Contemp Clin Trials 2025; 157: 108070. 2025/10.

Recent reports (grey literature)

Highlights of publications from key organisations within the last month.

- Alcohol Focus Scotland. **Ireland's alcohol advertising controls**. AFS, 09 September 2025.
- Alcohol Focus Scotland. **No room for complacency despite alcohol death decrease**. AFS, 23 September 2025.
- Balance. **FASD Month: Balance supports proposals for mandatory health warning labels**. Balance, 04 September 2025.
- Campbell, D. **The effects of alcohol on employment and social outcomes in the UK**. IAS, 02 September 2025.

- Evans-Reeves, K. and Mitchell G. **Alcohol industry intimidation of researchers and advocates**. IAS, 16 September 2025.
- Institute of Alcohol Studies. **IAS response to LGBT+ health evidence review**. IAS, September 2025.
- Institute of Alcohol Studies. **Autumn Budget submission 2025**. IAS, September 2025.
- Moolla, A. **Does Dry January change how we drink?** IAS, 23 September 2025.
- National Records of Scotland. **Alcohol-specific deaths 2024**. NRS. 23 September 2025.
- Public Health Scotland. **Rapid review of evidence about alcohol marketing and advertising: Influences on consumer attitudes and behaviours, and the effects of regulation on those behaviours**. PHS, 02 September 2025.
- SHAAP. **SHAAP calls for action on alcohol duty, despite industry claims**. SHAAP, 17 September 2025.
- Wilson, L. B. et al. **Alcohol-free and low-alcohol drinks in Great Britain: Monitoring report on 2023 data**. University of Sheffield, September 2025.

Disclaimer

All reasonable care is taken to ensure that the information we provide is accurate and we accept no responsibility for the content provided. The information provided is selective; however, the inclusion of a link does not imply approval of the contents of the website.

This is not meant as an exhaustive list of publications on these topics for the given time period, but rather a selection as seen most relevant.

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