



# **PHS Knowledge Services Gambling Harms Bulletin – May 2025**

**New evidence and outputs from key organisations  
relating to gambling harms**



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## About this bulletin

This current awareness bulletin contains a selection of material gathered from a search of the evidence base. It is not intended to be comprehensive and has not been critically appraised. Collated by a qualified information professional, the content is selected by informed prioritisation of the search results based upon agreed criteria.

The bulletin is not a substitute for clinical or professional judgement and the information contained within does not supersede national and local NHS policies and protocols.

Journal articles were sourced from MEDLINE, Embase and APA PsycInfo, all on the Ovid platform. Grey literature was sourced from Idox Knowledge Exchange, Policy Commons and a range of relevant websites. For details of resources used and associated search strategies, please contact us using the details below.

## Contact

If you need assistance in obtaining the full text of any of the articles, or have any other queries, please contact [phs.knowledge@phs.scot](mailto:phs.knowledge@phs.scot).

## Recent journal articles

### Highlights

Forman DP, Boughter JR, McAfee NW, Ginley MK, Whelan JP, Pfund RA.

Motivational-interviewing-informed interventions for problem gambling and gambling disorder: A systematic review and meta-analysis. *Psychology of Addictive Behaviors*. 2025; <https://doi.org/10.1037/adb0001069>

Tabri N, Wood RTA, Wohl MJA. Effects of personalized and normative feedback via the Positive Play Quiz on responsible gambling intention, self-efficacy and behavior: A randomized controlled trial. *Addiction*. 2025;120(5)1016–27.

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## Prevention and intervention

Davis C, Davidson K, Arden-Close E, Bolat E, Panourgia C. Mitigating Gambling-Related Harms in Children and Young People: A Scoping Review of Interventions. *Journal of Gambling Studies*. 2025;41(2)515–66. <https://doi.org/10.1007/s10899-025-10387-x>

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Pettorruso M, Di Carlo F, Di Lorenzo G, Gelormini C, Guidotti R, Martinotti G, et al. Comparing efficacy of serotonergic, opioidergic, and glutamatergic drugs in gambling disorder: A pooled analysis of response trajectories versus placebo. *Journal of Psychiatric Research*. 2025;185112–8. <https://doi.org/10.1016/j.jpsychires.2025.03.056>

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## Psychology and mental health

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Ibragim A, Issatayeva B, Kuanzhanova K, Mandykayeva A, Mambetalina A. Psychological rehabilitation of individuals with alcohol use disorder, drug addiction, gambling disorder, and codependency. *Acta Psychologica*. 2025;257105052. <https://doi.org/10.1016/j.actpsy.2025.105052>

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Renna M, Mehanović E, Giraudi G, Sciutto A, Viola E, Martorana M, et al. Correlates of gambling behaviour among adolescents: the role of psychological factors, school behaviours, and normative perceptions. *Behavioral sciences (Basel, Switzerland)*. 2025;15(5) <https://doi.org/10.3390/bs15050653>

## Marketing and promotion

Dighton G, Torrance J, Newall P, Andrade M, Heath C. Gaming the algorithm: ‘Content hijacking’ in on-line gambling marketing. *Addiction*. 2025; <https://doi.org/10.1111/add.70093>

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Lye J, Hirschberg J. Gaming after lockdowns: return to the slots. *International Gambling Studies*. 2025;1–20. <https://doi.org/10.1080/14459795.2025.2503162>.

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Xu T, Grubbs JB, Kraus SW. Problem gambling in the crypto era: A study of gambling motivations and cognitive distortions amongst cryptocurrency traders. Public Health. 2025;244:105741. <https://doi.org/10.1016/j.puhe.2025.105741>.

## Recent reports and news (grey literature)

National Centre for Social Research. [Qualitative research on journeys with adverse consequences from gambling](#) [Internet]. [cited 2025 Jun 2].

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