

Alcohol Harm Prevention Bulletin

**New evidence relating to alcohol harm prevention
in Scotland and beyond**

March 2025



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Recent journal articles (from Medline and Proquest Public Health)

A selection of publications from the last month relating to prevention of alcohol harms. Search criteria are available upon request from Knowledge Services and will be reviewed regularly to consider appropriateness and/or new areas of interest.

The searches are undertaken by PHS Knowledge Services. If you need any help with obtaining the full text of any of the articles, please contact phs.knowledge@phs.scot

Pricing, taxation and policy

- Choi HJ, Park J-M, Huh Y et al. **Relationship between food insecurity and obesity-related comorbidities.** Nutr Metab Cardiovasc Dis 2026; 36: 104435. 2026/03.
 - Dumont R, Baysson H, Mechoullam S et al. **Prevalence of alcohol consumption and awareness of consumption guidelines: A population-based study in Geneva, Switzerland.** Prev Med Rep 2026; 63: 103415. 2026/03.
- Jimenez Chavez CL, Peltier MR, Mokwuah AA et al. **Legal blood alcohol concentration limits and alcohol-attributable traffic mortality rates: an analysis across 165 countries.** EClinicalMedicine 2026; 93: 103794. 2026/03.
- Millot A, Topart F, Hoek J et al. **Barriers to evidence-based alcohol policies in France: Insights from interviews with parliament members.** Int J Drug Policy 2026; 149: 105172. 2026/03.
 - Radovic LK, Orr R, Lane MM et al. **Adherence to Australian diet, physical activity and alcohol guidelines is associated with lower risk of depression and anxiety: a secondary analysis of the CALM trial.** Int J Food Sci Nutr 2026; : 1–10. 2026/03/02.

Availability and Licensing

- Bushover B, Roberts LE, Mehranbod CA et al. **Multilevel Associations Between Outlet Characteristics, Contextual Factors and Firearm Violence at On-Premise Alcohol Outlets in the United States.** Drug Alcohol Rev 2026; 45: e70111. 2026/02.
- Man N, Miller M, Craig M et al. **An Observational Study of Off-Premise Alcoholic Beverage Pricing Over Time in New South Wales, Australia.** Drug Alcohol Rev 2026; 45: e70077. 2026/01.

Marketing and Advertising

- Crawford G, Carey RN, D’Orazio N et al. **A content analysis of alcohol marketing on instagram: examining its contribution to an Australian aquatic alcogenic environment.** Int J Environ Res Public Health 2026; 23. 2026/02/09.
- Nicholls E. **“hiding the label”: “passing” as drinkers and reinforcing drinking norms through no and low alcohol consumption in social settings.** Drug Alcohol Rev 2026; 45: e70102. 2026/02.

Health Information

- Azizzadeh M, Karimi A, Danninger K et al. **Prevalence and determinants of vascular aging in Austria - a holistic view: the LEAD study.** J Hypertens 2026; 44: 489–497. 2026/03/01.
- Dora J, Shinn M, Copeland A et al. **How people decide to consume (more) alcohol when feeling stressed.** Addiction 2026; 121: 370–387. 2026/02.
- Hu Z, Gong Z, Zhang Z et al. **The global burden of alcohol-attributable cancers from 1990 to 2021: assessment and projection based on the global burden of disease study 2021.** Int J Clin Oncol 2026; 2026/03/02.

Humer E, Pieh C and Neubauer V. **A Cross-Sectional Study on Mental Health Burden Among Austrian Farmers: Sociodemographic, Work-Related, and Health Behavior Factors**. Health Sci Rep 2026; 9: e71943. 2026/03.

- Latif H, Timmer A, Tessler H et al. **Unmasking the pandemic's dark side: exploring the roles of stress, emotions, and alcohol use in violent behavior across six countries**. Int J Offender Ther Comp Criminol 2026; 70: 393–412. 2026/03.

- Livingston M, Taylor N, Callinan S et al. **Describing the alcohol harm paradox: 20 years of data from Victoria, Australia**. Addiction 2026; 121: 349–359. 2026/02.

- Llamosas-Falcón L, Rehm J, Lange S et al. **Role of socioeconomic status in modifying the relationship between alcohol use and injury events: evidence from the UK Biobank**. J Epidemiol Community Health 2026; 2026/02/08.

- Palmer AJ, Connor JP, Holtmann G et al. **Measuring lifetime alcohol exposure: A scoping review and implications for translational research and alcohol-related harm**. Addiction 2026; 121: 472–487. 2026/03.

- Sobolev M, Sleboda P, Torre B et al. **Behavioral design for reducing alcohol consumption in aging: A mobile messaging randomized controlled trial**. Journal of Substance Use and Addiction Treatment 2026; 182: 209856. 2026/03.

Early Intervention

- Gates PJ, Zocco AC and Farnbach S. **A systematic review of reviews on comprehensive community initiatives to prevent or reduce alcohol and other drug harms**. Addiction 2026; 121: 241–260. 2026/02.

- Langselius O, Rumgay H, Vignat J et al. **Avoidable deaths through the primary prevention, early detection, and curative treatment of cancer worldwide: a population-based study**. The Lancet Global Health 2026; 14: e356–e366. 2026/03.

- Thompson K, Ahad MA, Di Censo G et al. **Present but overlooked: A scoping review of instruments and approaches for measuring presenteeism related to alcohol, tobacco, and drug use.** J Occup Rehabil 2026; 36: 331–355. 2026/03.

Young People and Prevention

- Andrade SB, Greve J and Lesner RV. **Changing university students' alcohol use with a web-based intervention: evidence from a randomized controlled trial.** J Public Health (Bangkok) 2026; 34: 553–561. 2026/03.
- Gates PJ, Zocco AC and Farnbach S. **A systematic review of reviews on comprehensive community initiatives to prevent or reduce alcohol and other drug harms.** Addiction 2026; 121: 241–260. 2026/02.
- Hansen WB and McNeal RB. **Skill vs. disposition: examining paths of intervention effects in an alcohol and drug use prevention trial targeting U.S. adolescents.** J Prev (2022) 2026; 47: 169–189. 2026/02.
- Huang Y, Cong X, Zhang Y et al. **Mitigating the risk of depression from childhood adversity: The protective role of a healthy lifestyle.** J Affect Disord 2026; 397: 120919. 2026/03/15.
- Jiang C, Dietrich T, Durl J et al. **Virtual reality in adolescent alcohol and other drugs education programs: A systematic scoping review.** J Adolesc Health 2026; 78: 373–385. 2026/03.
- Junkin E, Martinez IA, Rawls EK et al. **Intervention preferences, barriers, and motivators of nonstudent emerging adult drinkers.** J Drug Educ 2026; 55: 38–62. 2026/03.
- Sapouna M. **Adverse Childhood Experiences and Bullying: Findings from the Growing Up in Scotland Cohort.** J Interpers Violence 2026; 41: 1403–1428. 2026/03.

- Trangenstein PJ, Naimi TS, Xuan Z et al. **The combined impact of campus and state alcohol policies on college drinking and harms.** Am J Prev Med 2026; 70: 108143. 2026/03.
- Yang L, Zhu S-H, Zhang Y et al. **The configurational influence mechanism of risky behaviors among adolescents: A combined effect analysis of neuroticism, depression, anxiety, eating behavior, alcohol consumption, and quality of life.** J Affect Disord 2026; 397: 120917. 2026/03/15.

Recent reports (grey literature)

Highlights of publications from key organisations within the last month.

- Alcohol Change UK. **The dry January Challenge and its impact on public health and prevention (blog piece).** Feb 2026.
- Alcohol Focus Scotland. **No more half measures: time to get serious about alcohol harm** AFS, Mar 2026
- Northern Ireland Statistics and Research Agency. **Alcohol-specific deaths in Northern Ireland, 2024.** NISRA, Feb 2026
- Public Health Scotland. **Alcohol consumption and harms dashboard (latest release).** PHS, January 2026.

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All reasonable care is taken to ensure that the information we provide is accurate and we accept no responsibility for the content provided. The information provided is selective; however, the inclusion of a link does not imply approval of the contents of the website.

This is not meant as an exhaustive list of publications on these topics for the given time period, but rather a selection as seen most relevant.

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