



PHS Knowledge Services Gambling Harms Bulletin – November 2025

**New evidence and outputs from key organisations
relating to gambling harms**



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About this bulletin

This current awareness bulletin contains a selection of material gathered from a search of the evidence base. It is not intended to be comprehensive and has not been critically appraised. Collated by a qualified information professional, the content is selected by informed prioritisation of the search results based upon agreed criteria.

The bulletin is not a substitute for clinical or professional judgement and the information contained within does not supersede national and local NHS policies and protocols.

Journal articles were sourced from MEDLINE, Embase and APA PsycInfo, all on the Ovid platform. Grey literature was sourced from Idox Knowledge Exchange, Policy Commons and a range of relevant websites. For details of resources used and associated search strategies, please contact us using the details below.

Contact

If you need assistance in obtaining the full text of any of the articles, or have any other queries, please contact phs.knowledge@phs.scot.

Recent journal articles

Highlights

Losaberidze M, Mallorquí-Bagué N, Demetrovics Z, et al. **Scars, screens, and stakes: Link between non-suicidal self-injury and problem gambling, problem gaming, and problematic internet use - A systematic review**. Journal of behavioral addictions. 2025.

Gambling technology

Barasa L. **Peer Effects, Warning Messages, and Gambling Behavior: Evidence from a Lab-in-the-field Experiment**. Journal of Gambling Studies. 2025

Galipeau B, Jacques C, Sévigny S, et al. **Effects of Prevention Messages for Electronic Gambling Machines on Behaviors and Cognitions: Protocol for a Two-Arm Stratified Block: Randomized Controlled Study**. JMIR research protocols. 2025;14e75068

Heath C, Williams JM, Leightley D, et al. **Leveraging Social Media and Crowdsourcing to Recruit and Retain Military Veterans With Posttraumatic Stress Disorder or Experience of Harmful Gambling for mHealth Interventions: Descriptive Study**. JMIR mHealth and uHealth. 2025;13e73706

Schlaffer H, Tagler MJ. **Predicting and Understanding Mobile Sports Gambling with the Reasoned Action Approach**. Journal of Gambling Studies. 2025

Vuorinen I, Savolainen I, Oksanen A. **Pay to Play or Pay to Lose? The Impact of In-game Spending in Digital Games on Gambling Problems**. Journal of Gambling Studies. 2025

Yue Y, Jiang Q, Liu D, et al. **Playing to connect: development of a gaming motivation scale and exploration of social benefits among the blind and visually impaired**. Games for health journal. 2025

Marketing and promotion

No articles.

Neuroscience

No articles.

Prevention and intervention

Getty C-A, McQuarrie T, Brobbin E. **Contingency management interventions for substance use and addictive behaviours: Review of the United Kingdom evidence base**. Addiction. 2025

Martín-Pérez C, Vadillo MA, van Holst RJ, et al. **Evidence on the effectiveness of a gamified intervention for gambling prevention problems in vocational training and university students**. Acta Psychologica. 2025;261105825

Psychology and mental health

Ekenna A, Dekel D, Engward H, et al. **Coping, civilian transition, and gambling harm severity in UK armed forces veterans**. Journal of Gambling Studies. 2025

Hawker CO, Dias SE, Merkouris SS, et al. **Exploring the associations between momentary gambling motives and gambling behavior: An ecological momentary assessment study**. Psychology of Addictive Behaviors. 2025

Helvich J, Novak L, Meier Z, et al. **Gambling, trauma, and the mind: a network analysis of online gambling and personal well-being**. BMC Psychology. 2025;13(1)1226

Marques Mourato A, Fontaine M, Floch VL, et al. **Illusion of Control in Gambling Behavior in a Non-Clinical Sample of Adults Aged 40-75**. Journal of Gambling Studies. 2025

Maxie JJ, Coelho SG, David J, et al. **Are Gambling Motives all the Same? The Psychometric Properties of the GMQ-F Amongst Sports Bettors**. Journal of Gambling Studies. 2025

Zunzunwala S, Pruthi T, Katyal A, et al. **A Gamble of Life: Adolescent Betting, Mental Health Crisis, and Legal Insights- A Case Report**. Indian journal of psychological medicine. 2025;47(6)617–8

Miscellaneous

Gearailt CM, Farouk A, McCaffrey J, et al. **Assessment of gambling perspectives amongst elite Irish athletes; A qualitative analysis**. Irish Journal of Medical Science. 2025

Haag D, Meyer A, Boumparis N, et al. **Problem gambling and its relation to delayed reward discounting: A secondary analysis of a randomized controlled trial**. Journal of Gambling Studies. 2025

Hautamäki S, Savolainen I, Kauppila E, Vuorinen I, Hagfors H, Oksanen A. **Does being close to someone with gambling problems predict harm? An eight-wave longitudinal study**. Addictive Behaviors. 2025;170108416

Jones M, Champion H, Dighton G, et al. **Demographic characteristics, gambling engagement, mental health, and associations with harmful gambling risk among UK Armed Forces serving personnel**. BMJ military health. 2025;171(6)561–7

Murphy R, Downes S, Murphy M, et al. **Teacher attitudes towards and awareness of adolescent gambling behaviour in the Republic of Ireland**. Journal of Gambling Studies. 2025

Reed E, Buss V, Bebbington C, et al. **Public opinion on policy interventions for regulating four unhealthy commodity industries: a cross-sectional online survey of a representative sample of British adults 2023**. BMC Public Health. 2025

Stickley A, Shirama A, Yamada R, et al. **Problematic gambling and alcohol misuse among adults in Japan**. Drug and Alcohol Dependence. 2025;276112882

Tan R, Tay EH, Shahwan S, et al. **Recognition and stigma of gambling disorder in Singapore**. Journal of Gambling Studies. 2025

Tørdal EV, Leino T, Pallesen S. **Loss limits as a predictor of future gambling behavior**. Journal of Gambling Studies. 2025

Xu T, Grubbs JB, Kraus SW. **A longitudinal investigation of sports betting legalization's influence on problem gambling**. Addictive Behaviors. 2025

Zamwel E, Vana N, Kraus SW. **Gambling-Related Stressful Life Events: A Content Analysis Illuminating Translucent Voices in a Community Sample with Past-Year Problem Gambling**. Journal of Gambling Studies. 2025

Recent reports and news (grey literature)

** Organisations funded in part by voluntary gambling industry levy*

*GambleAware. **Annual statistics from the National Gambling Treatment Service (Great Britain) 1st April 2024 to 31st March 2025** [Internet]. 2025 [cited 2025 Dec 2]

Gambling Commission. **Industry statistics - Annual Report - Financial year April 2024 to March 2025 - Official statistics** [Internet]. 2025 [cited 2025 Dec 2]

Gambling Commission. **Illegal online gambling: Challenges of estimating the size of the illegal gambling market** [Internet]. [cited 2025 Dec 2]

Gambling Commission. **Industry Statistics – Quarterly report – Financial year April 2025 to March 2026, Quarter 1: Official statistics** [Internet]. [cited 2025 Dec 2].

Gambling Commission. **Young People and Gambling 2025: Official statistics** [Internet]. [cited 2025 Dec 2]

*IFF Research. **Towards neuro-inclusive care: neurodivergent peoples' needs in gambling harm support and treatment** [Internet]. 2025 [cited 2025 Dec 2]

*Moimoi E, Roychoudry P, Okonkwo S, et al. **The gambling harms inequalities framework**. [Internet]. 2025 [cited 2025 Dec 2]