



Essential resources on Depression to support healthcare professionals and medical students



Click on the blue boxes below to visit the resource relevant to you

BMJ Best Practice

Fast access to the latest evidence-based diagnosis and treatment guidance to support your clinical decisions.

- ▶ Depression in adults
- ▶ Depression in children
- ▶ Persistent depressive disorder



BMJ Journals

Discover the latest clinical knowledge and opinion.

- ▶ **BMJ Mental Health** | Universal prevention of depression at schools
- ▶ **General Psychiatry** | Investigating genetic causal relationships between blood pressure and anxiety, depressive symptoms, neuroticism and subjective well-being
- ▶ **BMJ Open** | Predicting new major depression symptoms from long working hours, psychosocial safety climate and work engagement: a population-based cohort study
- ▶ **British Journal of Sports Medicine** | Comparative effectiveness of exercise, antidepressants and their combination in treating non-severe depression

BMJ Case Reports

- ▶ Depression preceding the diagnosis of pancreatic cancer
- ▶ Interesting presentation of postnatal depression and infant failure to thrive
- ▶ Managing psychotic depression and diagnostic uncertainty

BMJ Talk Medicine Podcasts

The latest podcasts from *The BMJ* and specialist journals.

- ▶ Depression in adults
- ▶ Depression in children
- ▶ Postnatal depression
- ▶ The complexities of depression in cancer

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- ▶ Antidepressants and the serotonin hypothesis of depression
- ▶ Psilocybin reduces symptoms in treatment-resistant depression
- ▶ Does depression screening in primary care improve mental health outcomes?



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