

Alcohol Harm Prevention Bulletin

**New evidence relating to alcohol harm prevention
in Scotland and beyond**

June 2026



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Recent journal articles (from Medline and Proquest Public Health)

A selection of publications from the last month relating to prevention of alcohol harms. Search criteria are available upon request from Knowledge Services and will be reviewed regularly to consider appropriateness and/or new areas of interest.

The searches are undertaken by PHS Knowledge Services. If you need any help with obtaining the full text of any of the articles, please contact phs.knowledge@phs.scot

Pricing, taxation and policy

- Clifford S, Wright CJC, Coomber K, Griffiths KE, Smith JA, Livingston M. **The impact of Northern Territory alcohol policy changes on adult domestic and family violence hospital admissions.** Drug Alcohol Rev 2026;45:e70158.
- Mattingly DT, Diaby M, Yockey A, Jacobs W. **Sociodemographic disparities in binge and heavy drinking among US adults, 2024.** Am J Prev Med 2026:108433.
- Smith KE, Carters-White L, van Schalkwyk MC, Collin J. **Public support, political silence: alcohol policy and the 2026 Scottish election.** J Epidemiol Community Health 2026:jech-2026-226446.

Availability and Licensing

- Clarke ZL, Pryce R, Holmes J, Stevely AK, Wilson LB, Kersbergen I. **What Are the Characteristics of Households That Purchase Alcohol-Free and Low-Alcohol Drinks in Great Britain in 2018 and 2021?** Drug Alcohol Rev 2026;45:e70146.
- Fichtenmaier AJ, George AM. **Understanding the relationship of social anxiety with alcohol use and alcohol-related problems in young people: A meta-analysis.** Addiction 2026;121:1362–80.

- Giesbrecht N, Farkouh EK. **Closing the gap between evidence and action: lessons from a dramatic increase in access to alcohol.** Drug Alcohol Rev 2026;45:e70170.

Marketing and Advertising

- Crawford G, Carey RN, D’Orazio N et al. **A content analysis of alcohol marketing on Instagram: examining its contribution to an Australian aquatic algogenic environment.** Int J Environ Res Public Health 2026; 23. 2026/02/09.
 - Nicholls E. **“hiding the label”: “passing” as drinkers and reinforcing drinking norms through no and low alcohol consumption in social settings.** Drug Alcohol Rev 2026; 45: e70102. 2026/02.
 - Lam T, Gunatillaka N, Lalor A, Savic M, Alfrey L, Grigg J, et al. **Features of alcohol harm reduction campaigns that resonate with older adults: insights from an australian qualitative study using prompt videos.** Drug Alcohol Rev 2026;45:e70147.
 - McLellan G, Lyons A, Sciascia A, Nicholls R, Maani N, Huckle T. **Hidden persuasion: big alcohol’s tactics on social media.** Drug Alcohol Rev 2026;45:e70157.
 - Meisel MK, Merrill JE, Clement AC, Kim JS, Nguyen A, Colby SM, et al. **Insights on Media Alcohol Exposure Following Daily Self-Monitoring: Strategies for Prevention and Intervention in Adolescents.** Alcohol Clin Exp Res (Hoboken) 2026;50:e70322.
- Stolpe S, Schlößler K, Vollmar HC, Kowall B. **The illusion of healthy drinking: Methodological bias and selective reporting of effects shape evidence on alcohol and cardiovascular health.** Public Health 2026;256:106331.

Health Information

- Amos N, Anderson J, Grant R, Lim G, Hill AO, McNair R, et al. **Bi+ cisgender people's mental health, smoking, and alcohol consumption as a function of their relationship configuration.** Arch Sex Behav 2026.
- Deniz-Şafak E, Adlım B. **Differences in substance abuse knowledge and awareness by year of study among medical students.** BMC Prim Care 2026.
- Hashimoto H, Mizuno S, Nishikawara T, Yoneda S, Nagazumi A. **Randomized trial of carbonated water consumption on snacking behavior, alcohol intake, and health indices in healthy Japanese adults.** Sci Rep 2026.
- Holmes J, Oldroyd CK, Drummond C, Field M, Kersbergen I, Allison MED. **Zero tolerance for 0%? How should clinicians and other practitioners respond to the use of alcohol-free and low-alcohol products in higher risk groups.** Addiction 2026;121:1036–41.
- Leung C, Henry A, Sercombe J, Dobson O, Sunderland M, Marel C, et al. **Perceived Barriers and Facilitators to Help-Seeking for Alcohol and Other Drug Use Among Australian Public Safety Personnel.** Drug Alcohol Rev 2026;45:e70176.
- Petzel ZW, Sowerby L, Crozier C, Bell C, Bryers A, Christey N, et al. **Using the biopsychosocial model of challenge and threat to understand stress-induced alcohol consumption.** Psychol Addict Behav 2026.

Early Intervention

- Caluzzi G. **Rethinking alcohol harm reduction.** Drug Alcohol Rev 2026;45:e70152.
- Gameon JA, Grubin F, Skewes MC. **Grief, mental health, historical trauma, and alcohol use among American Indian and Alaska Native populations.** Trans Issues Psychol Sci 2026.

- Hendershot CS, Klein KR. **GLP-1 therapies: an emerging approach for alcohol reduction?** *Lancet* 2026;407:1658–9.
- Marquez-Arrico JE, Subirana Navarro J. **Gender-Sensitive Coping-Well-Being Profiles Associated with Alcohol and Cannabis Co-Use Among Young Adult Women.** *Subst Use Misuse* 2026:1–10.
- Puigcerver M, Hipólito L, Serrano MA. **Unravelling the complexities of alcohol use in the context of loneliness and stress: a systematic review and proposed model.** *Physiol Behav* 2026;314:115383.
<https://doi.org/10.1016/j.physbeh.2026.115383>
- Robinson MF, Falise AM, Devieux JG, Gu J, Sanchez M, Addison C, et al. **Sociodemographic and Clinical Correlates of Missed Opportunities for Evidence-Based Alcohol Counseling Among Adults Who Report Binge Drinking.** *Am J Prev Med* 2026;71:108408.
- Sharp M-L, Jones M, Franchini S, Leal R, Hull L, Molloy N, et al. **Adverse mental health outcomes and alcohol misuse among UK Armed Forces personnel: fourth phase of a 20-year cohort study of military personnel who served during the Iraq and Afghanistan conflicts.** *Occup Environ Med* 2026.

Young People and Prevention

- Bird K, Simpson VL, Mathews PD, Swartz H, Mantey DS, Esquenazi-Karonika S. **Findings from the 2023 YRBSS: Examining the risk factors of social media use, alcohol use, bullying and adolescent suicide.** *J Affect Disord* 2026;400:121211.
- Chavez SJ, Montgomery MC, DiBello AM, Neighbors C, Carey KB. **Expanding perspectives on reducing harms from drinking in college: A qualitative study.** *Psychol Addict Behav* 2026;40:318–31.
- Gansner M, Adams M, Nikam P, Huntley N, Ramrajesh S, Marsch LA, et al. **Temporal Relationships between Smartphone Application Use and Online Substance Procurement in U.S. Youth.** *MedRxiv* 2026.

- Herke M, Rähse T, Knöchelmann A. **Longitudinal patterns of adolescent well-being and associations with health-related outcomes in young adulthood: a cohort study using latent growth mixture modelling.** Child Adolesc Psychiatry Ment Health 2026.
- Koning IM, Tomczyk S. **Mechanisms of change in a community-based alcohol prevention framework among adolescents.** Sci Rep 2026.
- Leong A, Fein EC, Daken K, Dean JA, Bell SFE, Debattista J, et al. **Differences in Patterns of Alcohol Use and Sexual Risk-Taking Behaviours Among Sexually Active Australian and Overseas-Born Domestic and International University Students in Australia.** Int J Environ Res Public Health 2026;23.
- Martin-Turrero I, Prieto-Merino D, Valiente R, Espelt A, Sureda X. **Alcohol availability around schools and adolescent consumption: A case study in Madrid, Spain.** Health Place 2026;99:103669.

Recent reports (grey literature)

Highlights of publications from key organisations within the last month.

- Institute for Alcohol Studies. **IAS alert and blog - May 2026** May 2026.
- Alcohol Focus Scotland. **Alcohol Focus Scotland May CEO blog** AFS, May 2026
- Dalgarno Institute. **Alcohol Deaths Hit Record Highs as Experts Call for Urgent UK-Wide Strategy to Tackle the Crisis.** WRD News, May 2026
- Alcohol Change UK. **Alcohol in primary care: massively simplifying the conversation.** ACUK, May 2026.

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selective; however, the inclusion of a link does not imply approval of the contents of the website.

This is not meant as an exhaustive list of publications on these topics for the given time period, but rather a selection as seen most relevant.

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