

# **Alcohol Harm Prevention Bulletin**

**New evidence relating to alcohol harm prevention  
in Scotland and beyond**

May 2026



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## Contents

Recent journal articles (from Medline and Proquest Public Health)	3
Pricing, taxation and policy	3
Availability and Licensing	3
Marketing and Advertising	3
Health Information	4
Early Intervention	4
Young People and Prevention	5
Recent reports (grey literature)	6
Disclaimer	7
Contact	7

## Recent journal articles (from Medline and Proquest Public Health)

A selection of publications from the last month relating to prevention of alcohol harms. Search criteria are available upon request from Knowledge Services and will be reviewed regularly to consider appropriateness and/or new areas of interest.

The searches are undertaken by PHS Knowledge Services. If you need any help with obtaining the full text of any of the articles, please contact [phs.knowledge@phs.scot](mailto:phs.knowledge@phs.scot)

### Pricing, taxation and policy

- Tiongson P, Jernigan DH. **The prevalence of effective campus alcohol policies: results from a national probability sample of campuses.** J Am Coll Health. 2026;74(4):980–90.
- Seth N, Kaur A, Sarkar S, Chawla N. **The relationship between alcohol use, blood alcohol concentration, and road traffic accidents: A scoping review.** J Psychoactive Drugs. 2026;1–12.
- Owen L, Taylor M. **Quantifying the case for prevention: disease burden and cost-effective interventions in UK.** J Public Health (Oxf). 2026 Apr 30.
- Westermarck J, Katainen A, Hellman M, Warpenius K. **Reframing harm and evidence: advocacy coalitions and the transformation of Finnish alcohol policy.** Nordisk Alkohol Nark. 2026;14550725261443300.

### Availability and Licensing

- Sungkhabut W, Saiprom K, Ayudhya CDN, Viboonsanti S, Vatcharavongvan P. **Regulatory policies for online alcohol access control: a comparative scoping review of international approaches.** Korean J Fam Med. 2026 Apr 8; doi: 10.4082/kjfm.25.0122

- Martin-Turrero I, Prieto-Merino D, Valiente R, Espelt A, Sureda X. **Alcohol availability around schools and adolescent consumption: A case study in Madrid, Spain.** Health Place. 2026;99:103669.

## Marketing and Advertising

- Worters T, McKerchar C, Gage R, Reidy J, Signal L. **Piecing together piecemeal regulation: stakeholder insights into joint statutory regulation to reduce children's unhealthy commodity marketing exposure in Aotearoa New Zealand.** Health Promot J Austr. 2026;37(2):e70153. doi: 10.1002/hpja.70153
- Coomber K, Button K, Masiero E, Martino F, Gupta A, Baldwin R, et al. **Online marketing for alcohol home delivery and alcohol purchasing behaviour: A mixed-methods study.** Int J Drug Policy. 2026;150:105202.
- Bonny-Noach H, Sinambela Y, Hanafi E, Shina C, Siste K. **Alcohol portrayals in Korean dramas: associations with global viewer attitudes and drinking behaviors.** Glob Health Promot. 2026;17579759261432176.
- Clark R, Room R, Gleeson D. **Alcohol industry arguments about mandatory pregnancy warning labels: A qualitative analysis of industry submissions in Australia and New Zealand.** Int J Drug Policy. 2026;152:105291.

## Health Information

- Seppi LP, Maynard OM, Kale D, Cunningham JA, Garnett C. **Exploring motives for reducing alcohol consumption among users of an alcohol reduction app: content analysis.** JMIR Public Health Surveill. 2026;12:e88992.
- Sova Nelson BM, McCabe BE, Gonzalez-Galvan S, Williams CH. **Better Drinking Buddies: a pilot intervention to prevent violence by reducing alcohol consumption of potential bystanders.** J Am Coll Health. 2026;74(4):991–9.
- Kersey K, Hutton F, Lyons AC. **Women, health and alcohol at midlife: performing postfeminist healthism to manage well-being.** Psychol Health. 2026;1–26.

- Sharp M-L, Jones M, Franchini S, Leal R, Hull L, Molloy N, et al. **Adverse mental health outcomes and alcohol misuse among UK Armed Forces personnel: fourth phase of a 20-year cohort study of military personnel who served during the Iraq and Afghanistan conflicts.** *Occup Environ Med.* 2026 Apr 8.
- Pokorny T, Grainger M, Partonen T. **Blood Alcohol Concentration in Finnish Suicide Deaths and Associated Risk Factors, 2016-2024.** *Acta Psychiatr Scand.* 2026 Apr 17.
- Le Boudec J, Potarca G, Félix S, Schwarz J, Guth M, Clair C. **Gender bias in the clinical reasoning steps of medical students: a critical examination.** *BMC Med Educ.* 2026 Apr 17.

## Early Intervention

- Shetty A, Rahal K, Meza J, Saab S. **Gastroenterologist's guide to assess for alcohol use.** *Dig Dis Sci.* 2026 Apr 16.
- Peláez Zuberbuhler J, Strömberg A, Thern E, Landstad BJ, Sjöström M, Brulin E. **Workplace mistreatment and problem drinking among physicians in Sweden: a longitudinal study.** *Scand J Work Environ Health.* 2026 Apr 20.
- Wood, E. Wong, S.C., Corace, K. and Martell, D. et al. **Screening for high-risk drinking and alcohol use disorder: update of the 2023 national clinical practice guideline.** *Canadian Medical Association Journal.* May 04, 2026 198 (17) E655-E665.

## Young People and Prevention

- Chae J, Kim H. **Effectiveness of School-Based Resilience Interventions on Adolescent Tobacco, Alcohol, and Illicit Substance Use: A Meta-Analysis.** *J Sch Health.* 2026;96(4):e70137.
- Fernandez-Alvarez MDM, Cachero-Rodríguez J, Fernández-Rodríguez C, Carrizo-Rodríguez C, García-Martínez M, Martín-Payo R. **Energy drink consumption**

**among adolescents in northern Spain: habits, risk perception and associated factors.** *Nutrients.* 2026;18(8).

- González C, Nguyen-Louie TT, Sullivan EV, Pfefferbaum A, Klo J, Dehoney J, et al. **Divergent pathways taken in adolescence predict embracing or resisting moderate to heavy drinking in young adulthood.** *Biol Psychiatry Cogn Neurosci Neuroimaging.* 2026 Apr 13.
- López G, Boyle HK, Bhuptani PH, Peterson R, Haikalis M, Orchowski LM, et al. **Event-level drinking motives and mood as predictors of alcohol-related consequences among young adults.** *Psychol Addict Behav.* 2026 Apr 27.
- Perks SN, Clark MA, Colby SM, Merrill JE. **Longitudinal investigation of the association between alcohol use and subsequent e-cigarette use among young adults in the United States.** *Prev Med.* 2026;108588.
- Desai H, Hassan A, Jacobs W, Montemayor BN. **Unpacking adverse childhood experiences: Examining the role of ACEs domains in mental health and alcohol consumption in college students.** *Child Abuse Negl.* 2026;177:108077.
- Whelan E. **On the associations between adolescent social media use and health outcomes: An exploratory specification curve analysis and comparison with other concurrent predictors.** *Acta Psychol (Amst).* 2026;266:106783.

## Recent reports (grey literature)

Highlights of publications from key organisations within the last month.

- Lancet (the). **Liver health: a neglected aspect of the NCD agenda.** *Lancet.* 2026 Apr 29.
- Scottish Health Action on Alcohol Problems. **New Eyes on an Old Problem: Alcohol Marketing, Industry Influence and Scotland's Strategic Plan** SHAAP, April 2026.

## Disclaimer

All reasonable care is taken to ensure that the information we provide is accurate and we accept no responsibility for the content provided. The information provided is selective; however, the inclusion of a link does not imply approval of the contents of the website.

This is not meant as an exhaustive list of publications on these topics for the given time period, but rather a selection as seen most relevant.

## Contact

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