

Vaping and Tobacco Control Bulletin

Outputs from key organisations and new evidence
relating to e-cigarettes/vaping and tobacco control

January 2026



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Highlights

A selection of publications of particular interest from the last month.

- Action on Smoking and Health Scotland. **ASH Scotland urges UK Government to compel tobacco industry to introduce mandatory health information on cigarettes sticks**. ASH Scotland, 2026.
- Wang Q, Zhu Z, Gong C, Lv Y, Qin Y, Zhang Y, et al. **The impact of e-cigarette taxation: a systematic review and meta-analysis on usage, pricing strategies, and public health implications**. BMC Med 2026.
- Aihemaiti A, Xie Y, Su Z, Zhou X, Liu Z, Cheng A. **Pharmacological interventions for electronic cigarette cessation: a systematic review and meta-analyses**. J Addict Med 2026.
- Pope I, Gentry S, Livingstone-Banks J, Iqbal H, Rashid S, Corbett C, et al. **Emergency department interventions for smoking cessation: a systematic review and meta-analysis**. Emerg Med J 2026.
- Public Health Scotland. **The role of vaping in smoking cessation - an addendum to the 'Guide to smoking cessation in Scotland (2017)'**. Public Health Scotland, 2026.

Recent journal articles (from Medline)

A selection of publications from the last month relating to areas of interest relating to vaping and tobacco control. Search criteria are available upon request from Knowledge Services and will be reviewed regularly to consider appropriateness and/or new areas of interest.

The searches are undertaken by PHS Knowledge Services. If you need any help with obtaining the full text of any of the articles, please contact

phs.knowledge@phs.scot

Tobacco Use and Control

- Chen RKL, Morris D, Angus C, Gilmore A, Hiscock R, Holmes J, et al. **Reducing the exceptional affordability of hand-rolling tobacco using tax escalators: a health and economic impact modelling study for England**. Tob Control 2026.
- Dobbs P, Kong G, Lovett K, Henriksen L. **Tobacco control policies discussed on social media: a scoping review**. Tob Control 2026;35:97–106.
- Donaldson SI, DeJesus A, Wang E, Ganz O, Chen-Sankey J, Allem J-P. **Evaluating policy compliance among leading tobacco brands on Instagram**. Tob Control 2026.
- Gendall P, Branston JR, Hoek J. **The case against duty-free tobacco sales: an analysis from Aotearoa (New Zealand)**. Tob Control 2026.
- Hill F, Lich KH, Wilson M, Ulm CR, Golden SD, Ribisl KM, et al. **The public health impacts of flavored cigar bans: a systematic review and meta-analysis**. Nicotine Tob Res 2026.
- McNealy KR, Barrett ST, Bevins RA. **We must look beyond primary reinforcement to understand nicotine use in women**. Front Neuroendocrinol 2026;80:101231.
- Murphy MA, Henenberg D, Reese L. **Oral nicotine product sales trends in Scandinavia from 2018 to 2025: a cross-sectional study**. JMIR Public Health Surveill 2026.
- Sæbø G, Carnicer-Pont D, Lopez AM, Koprivnikar H, Péntzes M, González-Marrón A, et al. **Mapping loopholes in the current regulation of tobacco advertising, promotion, and sponsorship in Europe: a scoping review**. Tob Control 2026.

- Shirley PP, Forsberg B, Bullen C, Edwards R, Savage C. **Through the haze: how the tobacco control community in New Zealand influenced policy change.** Tob Control 2026.
- Silver NA, Diaz MC, Kucherlapaty P, Minter T, Bertrand A, Panigrahi G, et al. **Where there's smoke (less), there's fire: viral oral nicotine pouch content on TikTok and market growth.** Tob Control 2026.
- Trinidad DR, Pierce JP, Dang B, Strong DR, Stone MD, McMenamin SB, et al. **Tobacco advertising, cross-over effects, and US adolescent progression from never to current tobacco use.** BMC Public Health 2026.

Vaping and Vaping Harms

- Cebrián-Cortés A, Sánchez-Gaona I, Pérez-Villares JM, Cárdenas-Cruz A. **Lung injury associated with electronic cigarette use or vaping: a narrative review.** Med Intensiva 2026:502345.
- Masso-Silva JA, Perryman A, Karandashova S, Kumar AJ, Barnes L, Kasaraneni N, et al. **Impact of e-cigarette vaping on the immune system across the body.** Physiol Rev 2026.
- Otenaike TA, Farodoye O, Silva KK, Abolaji AO, Loreto ELS. **E-cigarette exposure impairs associative memory: role of $\alpha 7$ and $\beta 2$ nicotinic acetylcholine receptors.** J Neurogenet 2026:1–18.

Young People and Vaping

- Chen-Sankey J, La Capria K. **Examining the impact of e-cigarette advertisement exposure with fruit flavour features among US young adults of varying tobacco-use statuses.** Tob Control 2026.
- Do EK, Yu LQ, Liu SM, Koris K, Hair EC. **Barriers to quitting e-cigarettes among young adults at different quitting stages.** Prev Med Rep 2026;61:103346.

- Gwon J, Thongpriwan V, Lee H-J, Cho YI, Paek S, Machongo RB, et al. **Text-messaging e-cigarette cessation intervention for young adults in rural areas: a feasibility randomized trial**. J Rural Health 2026;42:e70109.
- Hanewinkel R, Hansen J. **Associations of nicotine use with reduced wellbeing and increased problem behaviors among German adolescents**. Subst Use Misuse 2026:1–5.
- Jeong M, Weiger C, Uriarte C, Chen-Sankey J, Wackowski OA, Delnevo CD. **An experimental study on the effect of e-cigarette advertising features on youth perceptions and intentions**. Subst Use Misuse 2026:1–8.
- Kostygina G, Page S, Kim Y, Emery S. **Vaping goes viral: the role of commercial e-cigarette tweets in youth e-cigarette use susceptibility**. Nicotine Tob Res 2026.
- Kundu A, Selby P, Felsky D, Moraes TJ, Chaiton M. **Predictors of past 30-day vaping abstinence among young e-cigarette users: machine learning analysis of a longitudinal cohort**. Addict Behav 2026;175:108617.
- Lee DN, Villanti AC, Stevens EM. **Tailoring e-cigarette health messages by vaping status: how source and message presentation type shape young adults' perceptions**. Nicotine Tob Res 2026.
- Peraza N, Han DH, Whaley RC, Vogel EA, Monterosso JR, Gonzalez Anaya MJ, et al. **Appeal and sensory characteristics of oral nicotine products in young adults who vape e-cigarettes**. Nicotine Tob Res 2026;28:204–12.
- Weiger C, Tfayli D, Ibrahim M, McKneely JA, Vigorita M, Peterson EB, et al. **Attentional, affective, and cognitive responses to the Food and Drug Administration's "The Real Cost" youth cigarette and e-cigarette prevention campaigns among young adults**. Am J Prev Med 2026:108204.

Smoking Cessation

- Drobles DJ, Sutton SK, Conn MR, Brandon TH, Yang M-J, Sawyer LE, et al. **Very low nicotine content cigarettes for smoking cessation: examining a facilitated extinction approach and dosing schedule.** Drug Alcohol Depend 2026;278:112971.
- Guignard R, Luangphinit D, Escande A, Nguyen A, Avenel J, Smadja O, et al. **Effectiveness of an in-office intervention to improve general practitioners' support for tobacco smoking cessation: results from a randomised controlled trial (TABAC-PRO).** BMC Prim Care 2026.
- Guo Z, Luk TT, Weng X, Wu Y, Zhao S, Lai YK, et al. **Behavioral support by ex-smoking peers using instant messaging for smoking cessation: a randomized controlled trial.** Chest 2026;169:300–11.
- Hajek P, Przulj D, Myers Smith K, Li J, Sasieni P, Ross L, et al. **Continuing use of e-cigarettes after stopping smoking and relapse: secondary analysis of a large randomised controlled trial.** Addiction 2026.
- Pant S, Anderer S. **Can nicotine pouches help people quit smoking?** JAMA 2026;335:293–5.
- Santiago-Torres M, Mull KE, Shi D, Alexander AC, Nollen NL, Sullivan BM, et al. **Intersectionality in cigarette smoking cessation: a latent class analysis to predict 12-month cessation in a randomized controlled trial.** Addiction 2026;121:173–85.
- Schell C, Godinho A, Cunningham JA. **Investigating if changing the wording of a study invitation letter increased recruitment in a project promoting tobacco cessation in a town with high smoking rates.** Subst Abuse Treat Prev Policy 2026.

- Wormall S, Duggan D, Vlaev I, Morling JR. **Opt-out of stop smoking service referral via SMS: a controlled interrupted time series analysis**. Public Health 2026;250:106025.
- Zhao SZ, Li MY, Li YJ, Luk TT, Cheung DYT, Lai AYK, et al. **Mobile instant messaging supported brief physical exercise intervention for smoking cessation: a community-based, cluster randomised controlled trial**. Thorax 2026.

Recent reports and news (grey literature)

A rundown of publications from key public health organisations within the last month.

- Action on Smoking and Health. **The nicotine pouch loophole**. ASH, 2026.
- Action on Smoking and Health.
Most young smokers wish they had never started : one year ahead of landmark smokefree generation policy. ASH, 2026.
- Action on Smoking and Health. **'A historic shift in public health' - ASH Chief Executive writes to retailers as the smokefree generation law moves closer**. ASH, 2026.
- Action on Smoking and Health. **Scratching the surface – what factors underpin public support for public health policies?** ASH, 2026.
- Office for Health Improvement and Disparities. **Stop smoking service data explorer: March 2026 update**. Office for Health Improvement and Disparities, 2026.
- Public Health Scotland. **How to stop smoking and stay stopped**. Public Health Scotland, 2026.
- Public Health Wales. **Structured NHS support offered to help people across Wales quit smoking this New Year**. Public Health Wales, 2026.

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This is not meant as an exhaustive list of publications on these topics for the given time period, but rather a selection as seen most relevant.

Contact

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