

Alcohol Harm Prevention Bulletin

**New evidence relating to alcohol harm prevention
in Scotland and beyond**

August 2026



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Recent journal articles (from Medline and Proquest Public Health)

A selection of publications from the last month relating to prevention of alcohol harms. Search criteria are available upon request from Knowledge Services and will be reviewed regularly to consider appropriateness and/or new areas of interest.

The searches are undertaken by PHS Knowledge Services. If you need any help with obtaining the full text of any of the articles, please contact phs.knowledge@phs.scot

Pricing, taxation and policy

- Ampim GA, Ågotnes G. **Representation of substance use issues in old age within Norwegian policy frameworks.** Nordisk Alkohol Nark 2026;14550725261462004.
- Chambers T, Mizdrak A, Davies A, Jones A, Sherk A. **Estimated alcohol-attributable health burden in New Zealand: A comparative risk assessment.** Addiction 2026.
- Dionisi T, De Vita V, Sario GD, Gasbarrini A, Addolorato G, the “Alcohol Research” Group. **Alcohol use: less is better. An umbrella systematic review of clinical interventions, policies, and dose-response health risks in adults.** Eur J Intern Med 2026;149:106837.
- Nair VG, Janakiram C, Varughese CS, Rajan V, S A, Ajith A, et al. **Actionable health system and policy strategies for the prevention and mitigation of non-communicable diseases: a scoping review protocol.** BMJ Open 2026;16:e120282.
- Singh PK, Kumar C, Singh S. **Application of tobacco control experience to alcohol consumption measures.** Bull World Health Organ 2026;104:475–85.

- Steeg S, Webb RT, Das-Munshi J, Dutta R, Kapur N, Marzano L, et al. **Implementation of minimum unit pricing for alcohol in Scotland and subsequent rates of hospital-admitted self-harm: controlled interrupted time series analysis.** J Public Health (Oxf) 2026.

Availability and Licensing

- Keyes CA, Murray S, Gavin J. **The impact of alcohol sale restrictions on unnatural deaths during the COVID-19 pandemic in Johannesburg, South Africa.** Int J Inj Contr Saf Promot 2026:1–14.

Marketing and Advertising

- Jernigan D, Godin E, Trangenstein P. **Alcohol News Coverage Increasingly Frames Harms Over Health Benefits: Evidence from Two Leading U.S. Newspapers, 2010-2024.** J Stud Alcohol Drugs 2026.
- Kostadinov V, Pettigrew S, Bartram A, Norris C, Yusoff A, Sträuli B, et al. **Blinded by the “lite”: Consumer perceptions of health-oriented claims on alcohol labels and self-reported impact on intended purchasing and consumption.** J Stud Alcohol Drugs 2026.

Health Information

- Ahn GJ, Cha K-C, Hwang SO, **CAPTURES project investigators. Combined Associations of Alcohol Consumption Frequency and Healthy Lifestyle With Risk of Sudden Cardiac Arrest: A Multicenter Case-Control Study.** J Am Heart Assoc 2026:e050137.
- Akai T, Takeda M, Booka E, Matsumoto T, Takaoka M, Sakata M, et al. **Alcohol consumption is a risk factor of surgical site infection after minimally invasive surgery: A secondary observational analysis of a clinical trial.** Ann Gastroenterol Surg 2026;10:1337–45.

- Bolpagni F, Lanati S, Biino G, Labrini L, Madini N, Vincenti A, et al. **Early-onset cancer and modifiable risk: quantifying the combined impact of excess body weight and alcohol on breast and colorectal cancer in Italy (18-34 years).** BMC Public Health 2026.
- Hosseini F, Amin N, Dasari P, Ingman WV. **Association between adolescent alcohol consumption and cigarette smoking with adult risk of breast cancer: A systematic review and meta-analysis.** Prev Med 2026;211:108640.

Early Intervention

- Bramness JG. **Alcohol harms: the need for prevention and treatment.** Eur J Public Health 2026;36.
- Chandran A, Veldhuizen S, Mehra K, Zawertailo L, Rehm J, Hendershot CS, et al. **Identifying Behavior Change Techniques for Digital Interventions Addressing Alcohol and Tobacco Co-Use: Findings From a Delphi Consensus Study.** JMIR Formative Res 2026;10:e88996.
- Cormier O, Davies EL, Seddon J. **Alcohol harm, mental health and opportunities for change in veterinary practice: A cross-sectional study.** Vet Rec 2026.
- De Vries M, Begeman M, Derksen M, Goudriaan A, Blankers M. **User Perspectives on Conversational Agents for Preventive Alcohol Self-Help: Qualitative Exploratory Study.** JMIR Hum Factors 2026;13:e86752.
- Gala N, Temgoua MM, Talbot A, Flores-Aranda J, Motta-Ochoa R, Biddle M, et al. **Integrating a model of care within a community-based managed alcohol program with indigenous men experiencing homelessness and alcohol use: a retrospective chart review.** Harm Reduct J 2026.
- Dance S, Weyman A, Adams S, Barton AH, Burd A, Nelson N, et al. **A community-based qualitative study of perspectives on alcohol public health interventions and experiences of alcohol use.** BMC Public Health 2026.

Young People and Prevention

- Akomaning E, Osei SP, Bhagavathula AS. **Alcohol-related injuries from e-scooter and e-bike use in the US (2019-2022): a retrospective study.** *Inj Prev* 2026;32:565–70.
- Bailey NI, Bucolo J, Bucolo K, Cannon B, Elenwo S, Gary M, et al. **Small-Scale School-Based Cancer Education to Improve Awareness and Risk Reduction Knowledge Among Adolescents: A Pilot Study.** *Int J Environ Res Public Health* 2026;23.
- De Micheli D, da Silva GG, Reichert RA, Scatena A, da Silva LS, Marchesano V de S, et al. **Alcohol-Related Perceptions and High-Risk Drinking Among Brazilian College Students: The Role of Social Contexts, Motives, and Risk Behaviors.** *Healthcare (Basel)* 2026;14
- Desai H, Hassan A, Jacobs W, Montemayor BN. **Unpacking adverse childhood experiences: Examining the role of ACEs domains in mental health and alcohol consumption in college students.** *Child Abuse Negl* 2026;177:108077.
- Dunn CB, Blake A, Fox K, Greiner MV, Beal SJ. **Impact of mental health disorders on problematic substance use and effectiveness of brief intervention among young people in foster care.** *Addiction* 2026.
- Hodder RK, O'Brien KM, Wolfenden L, Nathan N, Gillham K, Bowman J, et al. **Effectiveness of a School-Based Substance Use Prevention Program in Reducing Primary School Students' Intentions to Use Tobacco, Alcohol or Other Drugs in the Future.** *Health Promot J Austr* 2026;37:e70189.

Recent reports (grey literature)

Highlights of publications from key organisations within the last month.

- Alcohol Focus Scotland. **A clear way forward: the case for better alcohol labelling.** AFS, June 2026.

- Institute of Alcohol Studies. **[Under the influence? Perspectives of alcohol in the parliamentary workplace among UK MPs and staff.](#)** IAS, August 2026.
- Institute for Alcohol Studies. **[Digital Intoxication: Online Alcohol Marketing Explained.](#)** IAS, July 2026

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All reasonable care is taken to ensure that the information we provide is accurate and we accept no responsibility for the content provided. The information provided is selective; however, the inclusion of a link does not imply approval of the contents of the website.

This is not meant as an exhaustive list of publications on these topics for the given time period, but rather a selection as seen most relevant.

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