

Current Awareness Bulletin: Realistic Medicine

Issue 13

This current awareness bulletin compiles recently published evidence relevant to the core principles of Realistic Medicine. It is produced on a quarterly basis by a team of NHS Scotland Librarians.

The search strategy and sources included are based on our understanding of Realistic Medicine and may not be exhaustive or complete. Please also be aware that the sources listed have not been critically appraised and therefore may be variable in quality.

You can use the contents list below to jump to the sections of this bulletin which are of most interest to you and if you would like more specific literature for your subject area, please [reach out to your local NHSS library service](#).

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Outcomes that matter to people

This section contains literature on Shared Decision Making and Personalised Approach to Care.

- 1) Albertson, F.A. *et al.* (2026) "[Teach-back techniques in telehealth: A review and insights for future directions](#)," *Patient education and counseling*, 144. DOI: 10.1016/j.pec.2025.109453.
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- 12) Limmen, S. *et al.* (2026) "[Making sense of PROM outcomes: a mixed method study to optimize graphical visualization formats for children](#)," *Quality of life research*, 35(3). DOI: 10.1007/s11136-026-04172-5.
- 13) Mujahid, S., McManus, R. and Sidaginamale, R. (2026) "[Improving GIRFT compliance and patient experience of accessibility and shared decision making for elective hip and knee replacement: incorporation of a digital patient information leaflet](#)," *BMJ open quality*, 15(1). DOI: 10.1136/bmjopen-2025-003859.
- 14) Nicola, H. *et al.* (2026) "[Medical practitioners' experiences of and attitudes towards goals of patient care discussions: A cross-sectional survey](#)," *Patient education and counseling*, 146. DOI: 10.1016/j.pec.2026.109493.
- 15) Pillai, J.S.K., Joseph, L. and Sahoo, B. (2026) "[Validation and benchmarking of Patient-Reported Experience Measures \(PREM\) tool for the safety of patients undergoing MRI investigations](#)," *BMJ open quality*, 15(1). DOI: 10.1136/bmjopen-2025-003387.
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- 21) Thompson, C.M. *et al.* (2026) "[Pilot testing of an online cultural competency training utilizing an intersectionality framework](#)," *Journal of communication in healthcare*, 19(1), pp. 47–55. DOI: 10.1080/17538068.2025.2547501.
- 22) Ugas, M. *et al.* (2026) "[The utility of artificial intelligence in plain language writing: A scoping review](#)," *Patient education and counseling*, 145. DOI: 10.1016/j.pec.2026.109483.
- 23) Yoshimura, Y. *et al.* (2026) "[Impact of online patient access to clinical notes on quality of care: a systematic review](#)," *BMJ quality & safety*, 35(4), pp. 266–274. DOI: 10.1136/bmjqs-2024-018363.

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Optimising use of health and care resources

This section contains literature on Reducing Harm and Waste and Reducing Unwarranted Variation.

- 1) Aiyer, S., Higham, H. and Yeung, N. (2026) "[Confidence and certainty in medical diagnoses within acute healthcare: a scoping review](#)," *BMJ quality & safety*, 35(3), pp. 188–200. DOI: 10.1136/bmjqs-2024-017997.
- 2) Chung, T. and Kim, S. (2026) "[A study on the acceptance intention of digital therapeutics based on UTAUT2 and MIR](#)," *Digital health*, 12. DOI: 10.1177/20552076261443452.
- 3) Doherty, C. *et al.* (2026) "[Patient perspectives on telehealth access among people experiencing homelessness: a rapid review](#)," *International journal for equity in health*, 25(1). DOI: 10.1186/s12939-025-02749-z.
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- 6) Kanninen, J.-C. *et al.* (2026) "[The Financial and Workforce Impact of Medication Errors in the Finnish Public Healthcare System: A Pilot Study](#)," *Health services insights*, 19. DOI: 10.1177/11786329261427522.

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- 13) Seferian, E. *et al.* (2026) "[The Safety Action Feedback and Engagement \(SAFE\) Loop: Initial Testing and Refinement of a Novel Intervention to Enhance Hospital Incident Reporting and Patient Safety](#)," *Journal of patient safety*, 22(3), pp. 215–224. DOI: 10.1097/PTS.0000000000001451.
- 14) Simpson, M. *et al.* (2026) "[Comparison of Three Coordination Methods to Increase Outpatient Follow Up Among Older Adults Discharged From the Emergency Department: A Pilot Study](#)," *Journal of patient-centered research and reviews*, 13(1), pp. 21–28. DOI: 10.17294/2330-0698.2125.
- 15) Thana, L. *et al.* (2026) "[Experiences of people from minoritised groups who report healthcare-related harm in the UK: a qualitative socioecological study exploring factors contributing to unsafe care](#)," *BMJ open quality*, 15(1). DOI: 10.1136/bmj-2025-003851.
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Contributing to a more sustainable health and care system

This section contains literature on Managing Risk Better and Becoming Improvers and Innovators.

- 1) Alanezi, T. *et al.* (2026) "[Machine learning in the development and application of patient-reported outcome measures \(PROMs\) for surgical patients: a systematic review](#)," *Journal of patient-reported outcomes*, 10(1). DOI: 10.1186/s41687-026-00992-8.
- 2) Bryant, S.L., Perry, G.J. and Wheeler, T.R. (2026) "[Hand in Glove: Health Equity and Learning Health Systems](#)," *Learning health systems*, 10(2). DOI: 10.1002/lrh2.70078.
- 3) Caccioppola, A. *et al.* (2026) "[Cultural transformation beyond checklists for patient safety: a longitudinal evaluation of safety interventions in critical care](#)," *BMJ open quality*, 15(1). DOI: 10.1136/bmj-2025-003760.
- 4) Chew, J. *et al.* (2026) "[A systematic literature review of digital mental health interventions in providing support for children and their families](#)," *Digital health*, 12. DOI: 10.1177/20552076251406323.
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- 6) Dalstrom, M.D. *et al.* (2026) "[Examining a Remote Patient Monitoring Program with Medicaid Patients Managing Diabetes and Hypertension: A Qualitative Study](#)," *Journal of patient experience*, 13. DOI: 10.1177/23743735251414380.
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- 11) Kraft, S.A. *et al.* (2026) "[It takes a village: Evolving from learning health system to learning community for health equity](#)," *Learning health systems*, 10(2). DOI: 10.1002/lrh2.70031.
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- 13) Morikawa, Y. *et al.* (2025) "[The working population’s health literacy and changes in physical activity over one year](#)," *BMC public health*, 26(1). DOI: 10.1186/s12889-025-25162-1.
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- 15) Nevedal, A.L. *et al.* (2025) "[Optimizing qualitative methods in implementation research: a resource for editors, reviewers, authors, and researchers to dispel ten common misperceptions about qualitative research methods](#)," *Implementation science*, 21(1). DOI: 10.1186/s13012-025-01474-z.
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