



Alcohol Harm Prevention Bulletin

**New evidence relating to alcohol harm prevention
in Scotland and beyond**

December 2025



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Recent journal articles (from Medline and Proquest Public Health)

A selection of publications from the last month relating to prevention of alcohol harms. Search criteria are available upon request from Knowledge Services and will be reviewed regularly to consider appropriateness and/or new areas of interest.

The searches are undertaken by PHS Knowledge Services. If you need any help with obtaining the full text of any of the articles, please contact phs.knowledge@phs.scot

Pricing, taxation and policy

- Bright S, Buckley C, Holman D et al. **Applying an intersectional lens to alcohol inequities: A conceptual framework.** Addiction 2025; 120: 2585–2598. 2025/12.
- Guindon GE, Li C, Trivedi R et al. **The effectiveness and cost-effectiveness of population-level policies to reduce alcohol use: A systematic umbrella review.** Can J Public Health 2025; 116: 951–984. 2025/12.
- Ten Dam J, Rodenburg AJ, Koffijberg H et al. **Modelling alcohol consumption patterns to enable policy impact assessment.** PLoS ONE 2025; 20: e0327264. 2025/12/01.

Availability and Licensing

- Bright S, Buckley C, Holman D et al. **Applying an intersectional lens to alcohol inequities: A conceptual framework.** Addiction 2025; 120: 2585–2598. 2025/12.
- Woodard N, Butler J, Ghosh D et al. **Intersectionality and the Association Between State-Level Structural Racism, Binge Alcohol Consumption, and Smoking Status Among Black Americans.** J Racial Ethn Health Disparities 2025; 12: 3819–3828. 2025/12.

Marketing and Advertising

- Leifman H and Norström T. **The relationship between private import of alcoholic beverages and domestic sales of alcoholic beverages: analyses of Swedish time-series data.** Eur J Public Health 2025; 35: 1226–1232. 2025/12/01.

Health Information

- Hallahan H, Srimoragot M, Abboud S et al. **Perceived Barriers to Reducing Heavy Drinking: Self and Others-A Focus Group Study.** Int J Ment Health Nurs 2025; 34: e70161. 2025/12.
- Macdonald L, Nicholls N, Caryl F et al. **Is objectively measured exposure to built and natural environment associated with population-level cardiovascular disease mortality in Great Britain?** SSM Popul Health 2025; 32: 101875. 2025/12.
- Nance M, Miller MB, Ellingson JM et al. **Sleep quality and duration following the use and co-use of alcohol and cannabis in the daily life of community adults.** Drug Alcohol Depend 2025; 277: 112946. 2025/12/01.
- Rahal D, Kwan VF and Perry KJ. **Emotion-related alcohol use motives are associated with greater parasympathetic nervous system responses to acute challenge.** J Affect Disord 2025; 390: 119846. 2025/12/01.
- Warring I, Guan DX, Ghahremani M et al. **Alcohol consumption and mild behavioral impairment.** Alzheimers Dement 2025; 21. 2025/12.
- Zhuang H, Guo Z, Li S et al. **Inverse association of alcohol consumption patterns with constipation and diarrhea: a population-based cross-sectional study.** BMC Gastroenterol 2025; 25: 865. 2025/12/18.
- Abraham I, Dasilva G, Ernst K et al. **A systematic review on the risk of developing cancer and frequency of alcohol consumption behaviors in US adults.** Cancer Epidemiol 2025; 99: 102956. 2025/12.
- Anbari A, Massey Z, Adediran A et al. **“This needs to be told to everyone”: Content analysis of written immediate responses from an online experiment**

examining health warning messages about alcohol consumption and breast cancer risk. PLoS ONE 2025; 20: e0338687. 2025/12/12.

Early Intervention

- Alessi MR, Barbetta LMDS, Andreata VG et al. **Contingency management for unhealthy alcohol use: A systematic review and meta-analysis.** Alcohol Clin Exp Res (Hoboken) 2025; 49: 2660–2674. 2025/12.
- Bommersbach TJ, Saliba M, Gilman CK et al. **Does Combined Stimulant and Psychosocial Treatment in Childhood Attention-Deficit/Hyperactivity Disorder Protect Against Future Substance Use?** JAACAP Open 2025; 3: 1202–1212. 2025/12.
- Bush R, Staiger PK, McNeill IM et al. **Development of an SMS-based alcohol intervention program for same sex attracted women using an intervention mapping framework.** Eval Program Plann 2025; 113: 102690. 2025/12.
- Perera B, Rannan-Eliya RP, Wijemunige N et al. **Epidemiology of alcohol use in Sri Lanka: Findings of the SLHAS national survey.** Global Epidemiology 2025; 10: 100222. 2025/12.
- Welfordsson P, Danielsson A-K, Björck C et al. **Implementation of alcohol screening and brief interventions in cardiology: a cross-sectional study of practice in Sweden.** Scand Cardiovasc J 2025; 59: 2533825. 2025/12.

Young People and Prevention

- Griffith FJ, Ellison OK, Kunchay S et al. **Oura ring behavioral feedback intervention for alcohol reduction in young adults: user experience evaluation of a pilot randomized trial.** J Med Internet Res 2025; 27: e78613. 2025/12/04.
- Grummitt L, Visontay R, Clare P et al. **Multivariable machine learning prediction of risky alcohol use in contemporary youth.** Addiction 2025; 120: 2404–2412. 2025/12.

- Lehoux T, Cabé N, Dupont MA et al. **ALCOhol use, Norms, Identities and Motivations-based (ALCONIM) prevention program for binge drinking among college students: a study protocol for a parallel-group randomized controlled trial.** Trials 2025; 2025/12/05.
- Vrkić Boban I and Saraga M. **First consumption of alcohol and drugs: When does it start, in which occasions and what can we do to prevent it?** Prev Med Rep 2025; 60: 103296. 2025/12.
- Grummitt L, Visontay R, Clare P et al. **Multivariable machine learning prediction of risky alcohol use in contemporary youth.** Addiction 2025; 120: 2404–2412. 2025/12.

Recent reports (grey literature)

Highlights of publications from key organisations within the last month.

- Alcohol Change UK. **Bold action on alcohol will boost economy** (blog piece on recent report by IPPR, funded by ACUK), January 2025.
- Alcohol Health Alliance. **Minimum unit pricing (MUP) in the UK, who's backing it and who's blocking it?** AHA, October 2025.
- Alcohol Focus Scotland. **Alcohol labelling.** AFS, November 2025.
- Alcohol Focus Scotland. **Alcohol deaths reviews in Scotland.** AFS, October 2025.
- Department of health and social care. **Clinical guidelines for alcohol treatment.** UK Government, November 2025.
- Institute of Alcohol Studies. **Barriers to recovery: overcoming obstacles to alcohol recovery in the UK.** IAS, December 2025.
- Institute for Public Policy Research. **Taking stock: counting the economic costs of alcohol harm.** IPPR, October 2025

- Public Health Scotland. **National drug and alcohol treatment waiting times.** PHS, December 2025.
- Public Health Scotland. **Alcohol policy briefing.** PHS, December 2025

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All reasonable care is taken to ensure that the information we provide is accurate and we accept no responsibility for the content provided. The information provided is selective; however, the inclusion of a link does not imply approval of the contents of the website.

This is not meant as an exhaustive list of publications on these topics for the given time period, but rather a selection as seen most relevant.

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